



Bringing
Clarity to
**DIABETIC
MACULAR
EDEMA**

Questions to ask your doctor:

Here are some questions to ask your doctor on a first visit. Of course, you'll have others. It's helpful to write them down or print them out before your appointment so you don't forget anything that's important to you.

- ✓ How does diabetes affect diabetic macular edema (DME)?
- ✓ Are there specific symptoms I should be aware of?
- ✓ How might my DME progress over time?
- ✓ What steps can I take to help slow the progression of DME?
- ✓ How does recurring DME affect my vision?
- ✓ What are my options for treating DME and improving my vision?
- ✓ I have had diabetes for __year(s). Will this affect the DME treatment types available to me?
- ✓ What should I keep track of regarding my vision?
- ✓ I want to learn more about DME. What resources are available to me?

You may want to take someone with you – a spouse, other family member or friend – who can jot down answers to questions and help with transportation.

Questions for the follow-up visit:

- ✓ What is my treatment plan?
- ✓ What is the frequency of treatment I can expect?
- ✓ Is treatment covered by insurance? Medicaid/Medicare?
- ✓ What support is available for financial assistance?
- ✓ When should I schedule my next follow-up visit?
- ✓ Is there anything I can do to slow the progression of DME?